



Hartford
HealthCare
Charlotte Hungerford
Hospital

Free Yoga



At Manor Playground

Corner of Oakdale Ave & Glendale Ave in Winsted

8 weeks

Wednesdays, 6:30pm

From June 3rd to July 22nd

With yoga instructor Anna Rose



No online registry or sign up needed
Bring your own yoga mat, blanket, or towel
Questions? (860)738-6964