

# ***PEDAL YOUR WAY TO FAMILY FUN!***

Are you ready for some wheel fun?

## ***Join Fit Together NWCT***

for an exciting adventure along the  
Sue Grossman Greenway trail!

**Location:** RBC Bearings Parking Lot,  
2788 Winsted Rd., Torrington CT, 06790

**Saturday, September 27, 2025**

**12:00 PM - 3:00 PM**

**Rain date:** Sunday, September 28, 2025

- All wheels welcome and bike loaners available.
  - Stop along the trail and learn how to use the fitness equipment

***FUN  
for ALL***

***Strider Bike  
Obstacle  
Course***

***Helmet  
Giveaway***

***Bounce House***

***Food Truck***



Email [cangevine@how2fitkids.org](mailto:cangevine@how2fitkids.org) for more information.

