

Fit Together



HEALTHY HABITS

Vision Statement

Uniting Communities through Nature and Recreation

Sue Grossman Greenway to Mad River Recreation Area Corridor

Fit Together envisions a seamless integration of the popular Sue Grossman Greenway from Torrington to Winchester's Mad River Recreation Area, creating an uninterrupted pathway that encourages outdoor activity and fosters community interaction.

This connection will both serve as a means for individuals to enjoy the scenic beauty of our region and promote accessible physical activity, and also act as a catalyst for economic growth and environmental stewardship.

Through this endeavor we aim to:



Promote health & wellbeing by providing a safe space for various exercises to empower individuals of all ages and abilities to lead a healthy lifestyle.



Enhance community connectivity through a trail link that connects residents from diverse backgrounds, enabling shared experiences and friendships.



Support local businesses by increasing foot traffic using the trail, benefiting the area economically and its sense of community.



Preserve local wildlife and flora through education, safeguarding natural beauty for future generations.



Celebrate regional character by showcasing cultural significance and historical sites along the corridor, making heritage accessible to all.

The initiative seeks to create a greener, healthier, and more connected future through careful planning and community involvement.